

Biography



Dr. Susanne Gaddis, PhD, CSP, CEO of The Communications Doctor holds a PhD in Communications and Information Technology from Florida State University. Since 1989, she has delivered training and coaching across the United States and internationally on effective communication to all levels of staff and management.

Susanne Gaddis, PhD, Certified Professional Speaker (CSP) is a keynote speaker, communications trainer, workshop leader, executive coach, and presentation skills trainer, specializing in improving organizational and interpersonal communication. Offerings include training, keynote presentations and executive coaching in: communication, healthcare communication, conflict resolution, dealing with difficult people, listening skills, presentation skills, public speaking skills, leadership training, change management, customer service, stress reduction and positive psychology.



The Communications Doctor

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Classes Currently Offered

All Stressed up, and No
Place to Go!
Techniques for Fighting
What's Fighting You

Goal Getting
Success: How
to Set Goals
and Get Goals
that Matter the
Most

How to Create
a Culture of
Excellence

Classes Currently Offered

All Stressed Up and No Place to Go! Techniques for Fighting What's Fighting You

Learn the skills and attitudes necessary to communicate effectively and how to increase your "emotional vocabulary" able to communicate how you really feel. Learn the difference between appropriate and inappropriate emotional expression in the workplace. Identify the negative impact that prolonged stress can have on your body and behavior. Learn tools and strategies to help you make a profoundly positive difference in the morale, productivity, and stress level personally and professionally. Walk away with a solid understanding of the power you have to make healthy communications choices.

Goal Getting Success: How to Set and Get Goals that Matter the Most

Recognize the common gaps, traps, and obstacles that keep you from accomplishing goals. Learn how to write goals that you are more likely to achieve. Learn how to prioritize them and effectively track your progress. Also, learn how to increase focus and engagement and create the support necessary to achieve your goals.

How to Create a Culture of Excellence

Do you feel that people in your organization are disengaged and disconnected? Learn the skills and attitudes necessary to communicate effectively. Learn tools and strategies to help you make a profoundly positive difference in the morale, productivity, and stress level inside and outside your organization. Learn how to communicate effectively during periods of high stress and times of conflict. Discover techniques for effective non-verbal expression and learn how it can impact the way a message is received. Walk away with a solid understanding of the power you have to make healthy communications choices.



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